

White Pine Bark

Oligomeric Proanthocyanidins (OPCs) are natural polyphenols, and are the active constituents in pine bark and grape seed extracts. OPCs have strong antioxidant properties. Pine bark extract supports healthy nitric oxide (NO) levels in the body, which are responsible for healthy vasodilation and improving blood flow.

Acetyl L-Carnitine HCl

Acetyl L-carnitine is an acetylated form of the amino acid L-carnitine. Scientists discovered that by acetylating carnitine, it was able to cross the blood-brain barrier more effectively. Acetyl L-carnitine makes the transport of fatty acids to the brain easier by allowing the acids to easily cross the barrier and nourish the brain (3).

BioPerine® Black Pepper

BioPerine® is a patented extract obtained from black pepper fruits (*Piper nigrum*) standardized to a minimum to 95% piperine. BioPerine® has been used to enhance absorption and bioavailability of nutrients by at least 30%.

Patients: Consult with your healthcare professional for the proper use of this formula.

For more information about this and other Condition Specific Formulas® please visit our website at:

mountainpeaknutritionals.com
email us: support@mtnpeaknutrition.com



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REFERENCES

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2. Davies JR. Hawthorn, Shaftsbury, Dorset Element Books. 2000
3. Acetyl L-carnitine. Monograph (PDF) Alt Med Rev 15(1):76-83 PMID 20359271

